



## Client Feedback Form

You will appreciate that counsellors and supervisors are keen to maintain a high standard of service. One way we can do this is to ask clients to help by completing this simple questionnaire. Would you be kind enough to do so, anonymously, and send it to the address listed below? This will help us to ensure we maintain the best quality of service that is possible. Many thanks!

Counsellors Name \_\_\_\_\_ Date \_\_\_\_\_

No. of counselling sessions (circle);    1-5    5-10    10-15    15-20    over 20

*Please answer the following by circling one number where 1 is the lowest score (poor) and 5 is the highest score (excellent).*

*In the counselling sessions I have experienced...*

1. How safe did you feel to discuss your concerns with your counsellor?	1   2   3   4   5
2. How much did you feel heard and understood by your counsellor?	1   2   3   4   5
3. How adequately was the issue you brought to counselling dealt with?	1   2   3   4   5
4. Overall, how would you rate the helpfulness of your counselling experience?	1   2   3   4   5
5. Would you recommend this counsellor to a friend?	Yes / No
6. Please state what changes have taken place in your life as a result of counselling (feelings, thoughts, behaviour...)	
7. Further comments...	

Thank you!

The Cottage Counselling Centre Inc., 0450 189 589, 7 Clarke St Narrabeen NSW 2101

[www.cottagecounselling.org.au](http://www.cottagecounselling.org.au)